

## 2021-2022 Dress Code Information

*Grooming is an essential part of correct dance training. At Colorado Ballet Society, we are assisting our dancers by preparing them in class to portray themselves in a polished presentation on stage. Students who come to class with beautiful hair, correct dress, and a neat appearance excel in their dance work and begin to see themselves as a dancer. To this end, we have a dress code to prepare your dancer for the disciplined expectations of a professional dance environment.*

### Female Dress Code

**Please note that you have one week from the time of registration to fulfill dress code requirements.**

#### **Ballet Slippers**

Dancers are required to wear canvas, split-sole slippers that enhance their training, movement and appearance. Ballet slippers are the most important part of your dancer's equipment and can seriously affect their ability to articulate foot movement. All approved shoes are sold in the Ballerina Boutique. If there are any questions regarding a shoe brand, please speak with the Director.

#### **Pointe Shoes**

Several styles of pointe shoes are acceptable and endorsed by Colorado Ballet Society. These approved brands assist dancers in executing their pointe work technique with greater precision, articulation, and are more aesthetically pleasing. All approved shoes are sold in the Ballerina Boutique. If there are any questions regarding a shoe brand, please speak with the Director.

#### **Sparkle Babies 2-3; Sparkle 3-4; Sparkle 4-5, and Superheroes 3-5**

Uniform Leotard; optional uniform skirt; pink tights; pink canvas ballet slippers & black tap shoes. Pastel leg warmers and solid color fitted ballet sweaters may be worn in the winter. Sparkle Bears are required and are available at the Ballerina Boutique.

#### **Ballet 1a Gold and Silver; Ballet 1b Gold and Silver**

Uniform Leotard; optional uniform skirt; pink tights; pink ballet slippers. Pastel leg warmers and solid color fitted ballet sweaters may be worn in the winter. May need a nude camisole leotard for performances.

#### **Ballet Excelerate**

Uniform Leotard; optional uniform skirt; pink tights; pink ballet slippers, may need a nude camisole leotard for performances. Light pink leg warmers and solid color fitted ballet sweaters may be worn in the winter.

#### **Ballet 2, Ballet 2+, Ballet Intermediate A, and Ballet 3a**

Uniform Leotard; pink tights; pink ballet slippers, may need a nude camisole leotard for performances. Light pink leg warmers and solid color fitted ballet sweaters may be worn in the winter. A notebook and pen/pencil must be brought to each ballet class to record combinations and corrections.

#### **Ballet 3b, Ballet Intermediate B, Ballet 4, Ballet 5, Ballet 6-8**

Uniform Leotard; pink tights; pink ballet slippers; pointe shoes. Nude camisole leotard required for performances. Light pink leg warmers and solid color fitted ballet sweaters may be worn in the winter. For Pointe class: required matching uniform skirt.

#### **Stretch 3a/Int A**

Black capri leggings; tennis shoes; any modest, colored leotard or any solid color modest fitted shirt. Please bring: water bottle, yoga mat, 1/2 foam roller, racquetball, 5' theraband.

#### **Conditioning 3b-8**

Black capri leggings, colored or black leotard. Additional equipment may be needed including yoga mat, 1/2 foam roller, theraband, small towel, full foam roller, etc.

#### **Praise Dance**

Black fitted capri leggings; pink ballet slippers; any modest, colored leotard. For performances, any of the following may be required: Nude camisole leotard or black uniform leotard, tights, and jazz shoes. Any color fitted ballet sweater for warm-up.

#### **Contemporary**

Black fitted capri leggings; any modest, colored leotard. For performances the following may be required: Tall black 100% cotton socks or dance socks, Nude camisole leotard, black uniform leotard, jazz pants, tights. Any solid color fitted sweater for warm-up.

#### **Character**

Any modest, colored leotard, pink tights, black character shoes, black character skirt. These items are available at Ballerina Boutique

#### **Broadway, Tap, and Jazz**

Black fitted capri leggings, and any modest, colored leotard. For Broadway and Jazz: split-sole black jazz shoes. Level 4-8: Character shoes. For tap class: lace-up black tap shoes. For performances the following may be required: Nude camisole leotard, black uniform leotard, jazz pants, and tights. Any solid color fitted ballet sweater for warm-up.

#### **Hip hop**

Loose-fitting clothing such as jeans, sweats, and t-shirts are encouraged; bare midriff and low necklines are not permitted. Black sneaker with clean, non-marking soles are required and must be laced up. For performances, additional items may be required including black leotard, black socks, and a particular style of pants or shirt.

#### **Acro**

Black fitted capri leggings, and any color modest leotard; bare feet; hair neatly pulled back into a low ponytail or bun.

#### **Adult (Excelerate and Intermediate A; 18yo+)**

Black fitted capri leggings (pink tights optional underneath leggings); pink ballet slippers; any modest, solid colored leotard; OR Modest athleticwear. Skirts are optional for adult dancers. Solid color fitted ballet sweaters may be worn in the winter.

### For All Dancers

- No watches or jewelry are allowed except stud earrings. No sports bras or other undergarments may be visible.
- Hair **must** be secured off the face. (Bangs that are above the eyebrow are acceptable for class, but not for performances.) Buns are required for all Ballet and Variations classes. Pony tails or ballet buns are required for Contemporary, Broadway, Tap, Jazz, Acro, Stretch, Hip hop, Praise, and Conditioning.



**Briargate Location**

719.272.7078 8570 Criterion Drive, Suite, 154 C.S., CO 80920  
admin@danceinthesprings.com danceinthesprings.com

**Falcon Location**

10610 Maltese Pt, Falcon, CO 80831 719.822.1133  
falcon@danceinthesprings.com danceinthesprings.com

## 2021-2022 Dress Code Information

### Male Dancer Dress Code:

#### **Sparkle Babies 2-3; Sparkle 3-4; Sparkle 4-5**

Fitted white athletic t-shirt, black shorts, black ballet slippers and tap shoes.

#### **Ballet 1a, 1b, 2, Superheroes 3-5**

Fitted white athletic t-shirt, black shorts, black ballet slippers.

#### **Ballet Excelerate, Ballet Intermediate, Ballet 3a-8**

White or black fitted athletic shirt, black compression shorts (2" above knee), fitted black shorts, black canvas shoes, and dance belt.

#### **Conditioning and Stretch**

Solid color athletic shirt and shorts, compression shorts, tennis shoes, and dance belt.

#### **Praise Dance**

Fitted solid color athletic t-shirt, fitted black men's jazz pants, black ballet slippers, and dance belt.

#### **Contemporary Dance**

Fitted solid color athletic t-shirt, fitted black men's jazz pants or black shorts, dance belt.

#### **Acro**

Solid color athletic shirt and shorts, compression shorts, and bare feet; and dance belt for Acro 3/4.

#### **Hip hop**

Neat, conservative, loose-fitting clothing such as jeans, sweats, and t-shirts are encouraged. Black sneakers or black dance sneakers with clean, non-marking soles are required and must be laced up, dance belt.

#### **Broadway/Tap/Jazz**

Fitted solid color athletic t-shirt, fitted black men's jazz pants, black jazz shoes or black tap shoes, dance belt.

#### **Adult (Excelerate & Intermediate A; 18yo+)**

White or black fitted athletic shirt, black compression shorts (2" above knee), fitted black shorts, black canvas shoes, and dance belt.

OR Modest athleticwear, black canvas shoes, and dance belt.

#### **Performance Requirements**

Performances may require the following items: black or white muscle shirt; particular colored sneakers and socks, jazz pants, undershirt, particular style of pants or shirt (including dress pants), and dress shoes.

### Dress Code Enforcement

Uniform dancewear brings a level of professionalism to our studio. Students look elegant, and the standard of dance is higher as each dancer's poise and posture are reflected by the harmony throughout the class. As this is the Ballet Society standard, the dress code will be strictly enforced throughout the year. This means that only ONE warning will be granted. After receiving a warning, if a student arrives to class out of uniform they may be asked to sit and observe.

### Requirements for: Colorado Youth Ballet, Connexus Dance Collective, Praise Dance Ensemble

#### Colorado Youth Ballet

- Black uniform leotard (*as needed for performances*)
- Two class level uniform leotards
- Uniform skirt for dancers on pointe
- Pink convertible Gaynor Minden tights for photographs and all performances
- Nude camisole leotard
- Pink canvas ballet slippers: see Ballet Society dress code for details.
- Pointe shoes as needed.

#### Connexus Dance Collective

- Black uniform leotard (*as needed for performances*)
- Two class level uniform leotards
- Pink convertible Gaynor Minden tights, black or nude tights (*as needed for photographs and performances*)
- Nude camisole leotard
- Black fitted Capri leggings (*as needed for performances*)
- Black uniform biker shorts (*available at Ballerina Boutique*)
- Pink canvas ballet slippers: see Ballet Society dress code for details.
- Pointe shoes (*as needed for performances*)
- Black Uniform Socks (*as needed for performances*)

#### Praise Dance Ensemble

- Black uniform leotard
- Two class level uniform leotards
- Pink convertible Gaynor Minden tights (*as needed for photographs and performances*)
- Nude camisole leotard
- Black fitted Capri leggings
- Black or nude tights (*as needed for performances*)
- Pink canvas ballet slippers: see Ballet Society dress code for details.
- Pointe shoes (*as needed for performances*)



