2023-2024 Colorado Ballet Society Dress Code Policy

At Colorado Ballet Society, we are assisting our dancers by preparing them to have a polished presentation on stage. Uniform dancewear brings a level of professionalism to the studio, and the dancers learn about the disciplined expectations of a professional dance environment. As this is the Ballet Society standard, the dress code will be strictly enforced throughout the year. This means that only ONE warning will be granted. After receiving a warning, if a student arrives to class out of uniform they may be asked to sit and observe.

- No watches or jewelry are allowed except for small earrings.
- Visible sports bras, bras, and other undergarments are NOT allowed.
- Hair **must** be secured off the face.
 - Buns or French twists are required for all Ballet, Variations, Acro and Character classes.
 - o Ponytails or ballet buns are required for Contemporary, Tap, Jazz, Hip Hop, Praise, Conditioning & Strength/Stretch.

Female Dress Code

Please note that you have one week from the time of registration to meet dress code requirements unless items are out of stock at the Ballerina Boutique.

Ballet Slippers

Dancers are required to wear <u>canvas, split-sole slippers*</u> that enhance their training, movement and appearance. Ballet slippers are the most important part of your dancer's equipment and can affect their ability to articulate foot movement. All approved shoes are sold in the Ballerina Boutique. If there are any questions regarding a shoe brand, please speak with the Artistic Director.

Pointe Shoes

Several styles of pointe shoes are acceptable and endorsed by Colorado Ballet Society. All pointe shoes must be approved with the Artistic Director prior to purchasing and may be sold in the Ballerina Boutique. If there are any questions regarding a shoe brand, speak with the Artistic Director.

Sparkles/Superheroes

Uniform Leotard, pink tights, pink canvas ballet slippers* and black tap shoes. Sparkle Bears are also required for Sparkle classes and must be purchased from the Ballerina Boutique. Optional uniform skirt, light colored leg warmers and solid color, fitted, ballet sweaters may be worn. Nude camisole leotard is required for performances.

Ballet 1a Silver, 1a Gold, 1b Silver & 1b Gold

Uniform Leotard, uniform skirt, pink tights, pink canvas ballet slippers*. Nude camisole leotard is required for performances. Light colored leg warmers and solid color, fitted, ballet sweaters may be worn.

Ballet 1b Diamond

Uniform Leotard, uniform skirt, alignment belt, pink tights, pink canvas ballet slippers*. Nude camisole leotard is required for performances. Light colored leg warmers and solid color, fitted, ballet sweaters may be worn.

Encore 1

Uniform Leotard, pink tights*, pink canvas ballet slippers*. Nude camisole leotard is required for performances. Optional uniform skirt, light colored leg warmers and solid color, fitted, ballet sweaters may be worn.

Ballet 2, Encore 2, Ballet 3a, Encore 3

Uniform Leotard, alignment belt, pink tights*, pink canvas ballet slippers*. Nude camisole leotard is required for performances. Light colored leg warmers and solid color, fitted, ballet sweaters may be worn. <u>A notebook and pen/pencil must be brought to each ballet class to record combinations and corrections.</u>

Ballet 3b, Encore 4, Encore 5, Ballet 4-5, Ballet 6-8**

Uniform Leotard, pink tights*, pink canvas ballet slippers*, pointe shoes. Nude camisole leotard is required for performances. Light colored leg warmers and solid color, fitted, ballet sweaters may be worn. For Pointe class: uniform skirt is required. **Practice tutus required.

Adult Classes

Modest leotard of your choice, pink/black tights and pink canvas ballet slippers*. Warmup or coverup clothing may be worn. For Spanish Classes: A black character skirt and black character shoes are required. Nude camisole and/or black uniform tank leotard is required for performances.

*Please note: Dancers of color may wear skin-colored tights and canvas ballet slippers if they prefer.

Non-Ballet Classes – All Levels

Conditioning/Pilates/Stretch & Strength

Black leggings, any modest leotard. Additional equipment includes a yoga mat, one long TheraBand (8-10 ft), full foam roller and a racquet ball. Acro

Black leggings or biker shorts, any modest leotard, bare feet, hair neatly pulled back into a low bun. Additional equipment includes: 1 yoga block & 1 long TheraBand (8-10 ft).

Contemporary and Jazz

Black fitted ankle-length leggings or black biker shorts; any modest leotard. For Jazz: split-sole black jazz shoes. For performances the following may be required: Tall black 100% cotton socks or dance socks, nude camisole leotard, black tank uniform leotard and convertible tights.

<u>Character</u>

Uniform leotard, pink tights*, black character shoes and black character skirt.

Broadway and Tap

Black fitted ankle-length leggings and any modest leotard. For Broadway: split-sole black jazz shoes. Tap 3a & up: lace-up full sole black tap shoes. For performances the following may be required: Nude camisole leotard and/or black tank uniform leotard.

<u>Hip Hop</u>

Loose-fitting clothing such as joggers, sweats and t-shirts. White sneakers with clean, non-marking soles, fully laced up. Bare midriff and low necklines are not permitted. For performances, additional items may be required including black tank uniform leotard, white socks and a particular style of pants or shirt.

Male Dress Code

Sparkle 2.5-3, Sparkle 3-4, Sparkle 4-5, Ballet 1a, 1b and Superheroes

Fitted, white athletic t-shirt, black shorts, black canvas ballet slippers and tap shoes. Black ankle-leggings may be required for performances.

Ballet 2-8 and Encore 2-5

White fitted athletic shirt, black compression shorts (2" above knee) or fitted black shorts, black canvas shoes and dance belt. Level 2/E2/3a/E3: <u>A notebook and pen/pencil must be brought to each ballet class to record combinations and corrections.</u>

Conditioning/Pilates/Stretch & Strength

Solid color athletic shirt fitted black pants and a dance belt. <u>Additional equipment includes a yoga mat, one long TheraBand (8-10</u> ft), full foam roller and a racquet ball.

Praise, Contemporary, Acro

Fitted solid color athletic t-shirt, fitted black pants and a dance belt. For praise: black canvas ballet slippers. For acro: compression shorts, bare feet and dance belt for Acro 2 and up.

<u>Hip Hop</u>

Loose-fitting clothing such as joggers, sweats and t-shirts. White sneakers with clean, non-marking soles, fully laced up. Bare midriff and low necklines are not permitted. For performances, additional items may be required including black tank uniform leotard, white socks and a particular style of pants or shirt.

Broadway/Tap/Jazz

Fitted solid color athletic t-shirt, black jazz pants, black jazz shoes or black single sole tap shoes and a dance belt. <u>Adult Classes</u>

White or black fitted athletic shirt, fitted black shorts or pants, black canvas shoes and dance belt.

Requirements for Colorado Youth Ballet, Connexus Dance Collective, Praise Dance Ensemble

Colorado Youth Ballet

- Black uniform tank leotard (as needed for performances)
- Two class level uniform leotards
- Nude camisole leotard
- Uniform skirt for dancers on pointe
- Pink convertible Gaynor Minden tights for all photographs and performances
- Pink canvas ballet slippers: see dress code for details
- Pointe shoes (as needed for performances)

Connexus Dance Collective

- Black uniform tank leotard (as needed for performances)
- Two class level uniform leotards
- Nude camisole leotard
- Black fitted ankle-length leggings (as needed for performances)
- Black <u>uniform</u> biker shorts
- Pink convertible Gaynor Minden tights, black or nude tights (as needed for photographs and performances)
- Pink canvas ballet slippers: see dress code for details
- Pointe shoes (as needed for performances)
- Black uniform socks (as needed for performances)

Praise Dance Ensemble

- Black uniform tank leotard (as needed for performances)
- Nude camisole leotard
- Black fitted ankle-length leggings (as needed for performances)
- Pink convertible Gaynor Minden tights, black or nude tights (as needed for photographs and performances)
- Pink canvas ballet slippers: see dress code for details



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