

2022-2023 Dress Code Information

Grooming is an essential part of correct dance training. At Colorado Ballet Society, we are assisting our dancers by preparing them in class to portray themselves in a polished presentation on stage. Students who come to class with beautiful hair, correct dress, and a neat appearance excel in their dance work and begin to see themselves as a dancer. To this end, we have a dress code to prepare your dancer for the disciplined expectations of a professional dance environment.

Female Dress Code

Please note that you have one week from the time of registration to fulfill dress code requirements unless items are out of stock at the Ballerina Boutique.

Ballet Slippers

Dancers are required to wear canvas, split-sole slippers* that enhance their training, movement and appearance. Ballet slippers are the most important part of your dancer's equipment and can affect their ability to articulate foot movement. All approved shoes are sold in the Ballerina Boutique. If there are any questions regarding a shoe brand, please speak with the Artistic Director.

Pointe Shoes

Several styles of pointe shoes are acceptable and endorsed by Colorado Ballet Society. These approved brands assist dancers in executing their pointe work technique with greater precision, articulation, and are more aesthetically pleasing. All approved shoes are sold in the Ballerina Boutique. If there are any questions regarding a shoe brand, please speak with the Artistic Director.

Sparkles

Uniform Leotard; optional uniform skirt; pink tights; pink canvas ballet slippers* & black tap shoes. Light colored leg warmers and solid color fitted ballet sweaters may be worn. Sparkle Bears are required and are available at the Ballerina Boutique.

Superheroes

Uniform Leotard; optional uniform skirt; pink tights; pink canvas ballet slippers*. Light colored leg warmers and solid color fitted ballet sweaters may be worn.

Primary Division

Uniform Leotard; required uniform skirt; pink tights; pink canvas ballet slippers*. Light colored leg warmers and solid color fitted ballet sweaters may be worn. Required nude camisole leotard for performances.

Encore 1

Uniform Leotard; optional uniform skirt; pink tights*; pink canvas ballet slippers*, required nude camisole leotard for performances. Light colored leg warmers and solid color fitted ballet sweaters may be worn.

2/Encore 2

Uniform Leotard; pink tights*; pink canvas ballet slippers*, required nude camisole leotard for performances. Light colored leg warmers and solid color fitted ballet sweaters may be worn. A notebook and pen/pencil must be brought to each ballet class to record combinations and corrections.

3a/Encore 3

Uniform Leotard; pink tights*; pink canvas ballet slippers*, required nude camisole leotard for performances. Light colored leg warmers and solid color fitted ballet sweaters may be worn. A notebook and pen/pencil must be brought to each ballet class to record combinations and corrections.

Intermediate/Advanced

Uniform Leotard; pink tights*; pink canvas ballet slippers*; pointe shoes. Required nude camisole leotard for performances. Light colored leg warmers and solid color fitted ballet sweaters may be worn. For Pointe class: required matching uniform skirt.

Ballet 3b, Ballet 4-8

Uniform Leotard; pink tights*; pink canvas ballet slippers*; pointe shoes. Required nude camisole leotard for performances. Light colored leg warmers and solid color fitted ballet sweaters may be worn. For Pointe class: required matching uniform skirt.

Conditioning/Pilates

Black leggings; any modest, colored leotard. Additional equipment includes a yoga mat, one long TheraBand (8-10 ft), full foam roller, and a racquet ball.

Acro

Black leggings or biker shorts; any modest, colored leotard; bare feet; hair neatly pulled back into a low bun. Additional equipment includes: 2 yoga blocks, 1 long TheraBand (8-10 ft)

Praise Dance

Black fitted capri leggings; pink ballet slippers*; any modest, colored leotard. For performances, any of the following may be required: Nude camisole leotard or black uniform leotard, tights, and black biker shorts. Any color fitted ballet sweater may be worn for warm-up.

Contemporary/Jazz

Black fitted leggings or black biker shorts; any modest, colored leotard. For Jazz: split-sole black jazz shoes. For performances the following may be required: Tall black 100% cotton socks or dance socks, Nude camisole leotard, black uniform leotard, tights. .

Character

Uniform leotard, pink tights*, black character shoes, black character skirt.

Broadway and Tap

Black fitted leggings; and any modest, colored leotard. For Broadway: split-sole black jazz shoes. (Level 4-8: Character shoes.) 3a tap class & up: lace-up full sole** black tap shoes. For performances the following may be required: Nude camisole leotard, black uniform leotard.

Hip hop

Loose-fitting clothing such as joggers, sweats, and t-shirts are encouraged; bare midriff and low necklines are not permitted. White sneakers with clean, non-marking soles are required and must be laced up. For performances, additional items may be required including black leotard, white socks, and a particular style of pants or shirt.

***Please note:** Dancers of color may wear skin colored tights and canvas ballet slippers if they prefer.

**** Please note:** If current tap shoes are not single sole, the purchase of single sole tap shoes is not required until dancer buys her next pair.

For All Dancers

- No watches or jewelry are allowed except small earrings. Sports bras or other undergarments may NOT be visible.
- Hair **must** be secured off the face. Buns or French twists are required for all Ballet, Variations, Acro and Character classes. Ponytails or ballet buns are required for Contemporary, Broadway, Tap, Jazz, Hip Hop, Praise, and Conditioning.



Briargate Location
719.272.7078 8570 Criterion Drive, Suite, 154 C.S., CO 80920
admin@danceinthesprings.com danceinthesprings.com

Falcon Location
10610 Maltese Pt, Falcon, CO 80831 719.822.1133
falcon@danceinthesprings.com danceinthesprings.com

2022-2023 Dress Code Information

Male Dancer Dress Code:

Sparkle Babies 2-3; Sparkle 3-4; Sparkle 4-5

Fitted white athletic t-shirt, black shorts, black canvas ballet slippers and tap shoes.

Ballet 1a, 1b, Superheroes 3-5

Fitted white athletic t-shirt, black shorts, black canvas ballet slippers. Black pants may be required for performances.

Ballet 2-8

White fitted athletic shirt, black compression shorts (2" above knee) or fitted black shorts, black canvas shoes, and dance belt. (Dance belt is not required with black compression shorts.)

Conditioning

Solid color athletic shirt and black pants, and dance belt.

Praise, Contemporary, Acro

Fitted solid color athletic t-shirt, fitted black men's pants, and dance belt. For praise: black canvas ballet slippers. For acro: compression shorts, bare feet, and dance belt for Acro 3/4.

Hip hop

Loose-fitting clothing such as joggers, sweats, and t-shirts are encouraged; bare midriff and low necklines are not permitted. White sneakers with clean, non-marking soles are required and must be laced up. For performances, additional items may be required including white socks and a particular style of pants or shirt.

Broadway/Tap/Jazz

Fitted solid color athletic t-shirt, black men's jazz pants, black jazz shoes or black single sole* tap shoes, dance belt.

Adult Classes

White or black fitted athletic shirt, fitted black shorts, black canvas shoes, and dance belt.

***Please note:** *If current tap shoes are not single sole, the purchase of single sole tap shoes is not required until dancer buys his next pair.*

Dress Code Enforcement

Uniform dancewear brings a level of professionalism to our studio. Students look elegant, and the standard of dance is higher as each dancer's poise and posture are reflected by the harmony throughout the class. As this is the Ballet Society standard, the dress code will be strictly enforced throughout the year. This means that only ONE warning will be granted. After receiving a warning, if a student arrives to class out of uniform they may be asked to sit and observe.

Requirements for: Colorado Youth Ballet, Connexus Dance Collective, Praise Dance Ensemble

Colorado Youth Ballet

- Black uniform leotard (*as needed for performances*)
- Two class level uniform leotards
- Uniform skirt for dancers on pointe
- Pink convertible Gaynor Minden tights for photographs and all performances
- Nude camisole leotard
- Pink canvas ballet slippers: see Ballet Society dress code for details.
- Pointe shoes as needed.

Connexus Dance Collective

- Black uniform leotard (*as needed for performances*)
- Two class level uniform leotards
- Pink convertible Gaynor Minden tights, black or nude tights (*as needed for photographs and performances*)
- Nude camisole leotard
- Black fitted leggings (*as needed for performances*)
- Black uniform biker shorts (*available at Ballerina Boutique*)
- Pink canvas ballet slippers: see Ballet Society dress code for details.
- Pointe shoes (*as needed for performances*)
- Black Uniform Socks (*as needed for performances*)

